



3rd International Brevet Vologda – Onego – Ladoga 1-5 July 2016

Saint Petersburg cycling club “Baltic Star” presents 3rd International Super brevet Vologda – Onego – Ladoga. Exciting 1200km route goes through the territory of Russian North-West in Vologda region and Karelia Republic. Time limit is 90 hours.

Brevet starts near the town Kirillov in Vologda region. Participants will go north to the legendary lakes – Onego and Ladoga. There will be not so many towns and villages on the route but participants can see a lot of sightseeing – Kirillovo-Belozersky Monastery, Ferapontov Monastery, ancient wooden churches, The White Sea – Baltic Sea Canal, age-old volcano in



Girvas village, Cross of Sorrow in Death Valley and many others. However, the most impressive is marvelous nature, two great lakes and The White Nights. The last part of the route passes through the



northern Ladoga Lake coast which is full of short but steep climbs.

Riders will get reliable support. There will be 15 controls on the route where you can eat and have a rest. At the most of them you can sleep.

The finish is in Berezovo village at the boarder of Karelia Republic and Leningrad region. It is easy to get to Saint Petersburg from there using suburban train. There is a hotel at finish point.

Entry fee for event depends on time of registration (from 130 to 200 euro).

The main changes regarding previous VOL 2012:

- Start point is shifted from busy highway near Vologda
- The road from Vytegra to Medvezhjegorsk is fully repaired
- A new road alongside Ladoga Lake is constructed
- Finish is closer to Saint Petersburg

**We look forward to see you
on the biggest randonneur event in Russia!**

About Baltic Star

Cycling club "Baltic Star" was founded in Saint Petersburg, Russia in 1996. So in 2016 we celebrate 20th anniversary. Nowadays "Baltic Star" is a biggest randonneurs cycling club in Russia. Every year we organize brevets based on the rules of Audax Club Parisien.



The idea of our super-brevet "Vologda-Onego-Ladoga" was born out of our classic event called "Around Ladoga Lake". The first version was in 2008 and 44 riders started on the route. In 2012 there were 71 riders already. We hope the event will be more successful in 2016.

Contacts

Event site: www.vol1200.ru

Club site: www.balticstar.spb.ru

Facebook: <https://www.facebook.com/Vologda.Onego.Ladoga>

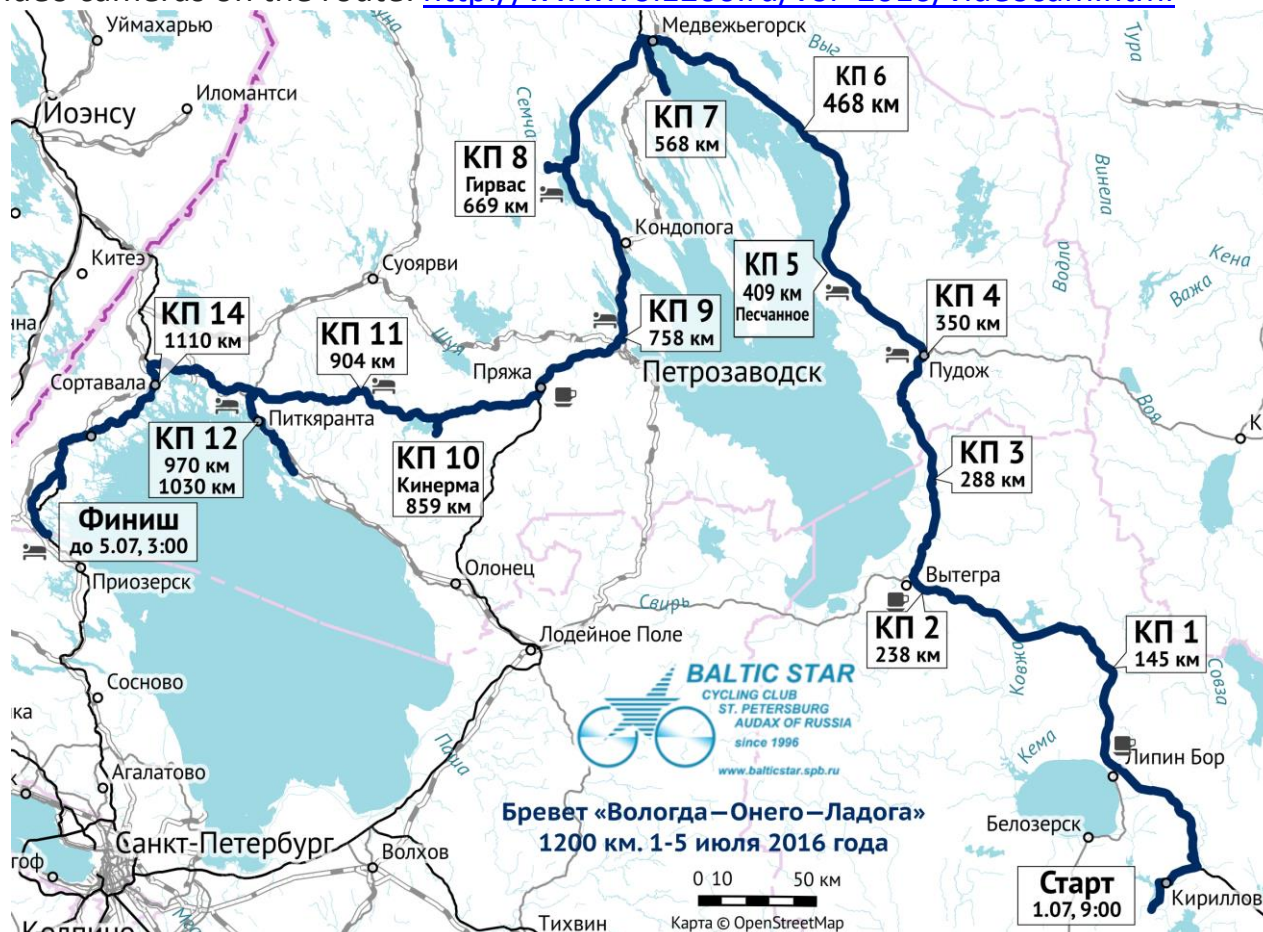
Vkontakte: <http://vk.com/event105813050>

E-mail: vol@balticstar.spb.ru

Map of the route

Track*: <http://www.plotaroute.com/route/88635>

Video cameras on the route: http://www.vol1200.ru/vol_2016/videocam.html



* The route is subject to change

FAQ

1. How to get a Russian visa?

Information about visas to Russia www.expresstorussia.com/russian_visas.html

We advise to ask for invitation a hotel where you book a room.

2. What qualification level is required for brevet?

For registration it is enough to complete one BRM (300km or more) in 2014 or 2015. For advanced cyclers who has experience of 600km rides – to finish 200 km brevet is enough.

3. How to pay an entry fee?

- If you make a prepayment before 01.05.2016 your entry is 130 EUR. Prepayment is 30 EUR (for registration) and 100 EUR on start.
- If you make a prepayment after 01.05.2016 your entry is 150 EUR. Prepayment is 30 EUR (for registration) and 120 EUR on start.
- After 25.06.2016 entry fee is 200 EUR. No prepayment, full amount is payed on start. You can make a prepayment via PayPal. See instructions on [the site](#) during registration. The date of registration is a date of prepayment. Prepayment is nonrefundable.

4. What is included in entry fee?

Route sheet, hot meals and overnight stop at controls, transfer from Cherepovets to start point, bag-drop, shower and food at finish point are included in entry fee. Subject to change.

5. How to get to start point?

Start point is in Kirillov town Vologda region. Special buses will deliver participants from Cherepovets to start (Thanks to [Severstal](#)). The easiest way to get to Cherepovets is to take a train from Moscow or Saint Petersburg. According to Russian Railways rules bicycle should be packed and you should buy baggage ticket. You can buy train tickets in 45 days prior the date of trip, also you can do it online on Russian Railways site. Foreign guests can get assistance with buying tickets if needed.

Also you can get to Cherepovets from Saint Petersburg or Moscow by air. The flights are operated by [Severstal aircompany](#). We will notify about the summer schedule. Unfortunately, these tickets cannot be purchased as part of the route, you may have to change for these flights. The price of tickets is about 120 EUR + bicycle. We will try to get some discount.

Detailed instructions and schedules will be available at web site www.vol1200.ru closer to the launch time.

6. I arrive to Moscow and depart from Saint Petersburg. What can I do with my bicycle bag?

Unfortunately, there is no possibility to carry oversized things on the distance.

If you come not from Saint Petersburg, your baggage including bicycle bag can be shipped directly to Saint Petersburg with transport company. Approximate rate is 15-20 EUR. Please inform us in advance if you want to use this option.

7. Where it is possible to stay overnight in Cherepovets before start?

Start of the event is supported by [Severstal](#). PJSC "Severstal" is one of the world's largest steel and mining companies.

The first 80 participants (who will make a prepayment) get a free accommodation on the night before the start. Information regarding accommodation and pre-start program will be announced later.



8. Is it possible to leave baggage at start point and get them back at controls and at the finish point (bag drop)?

Yes, bag drop can be delivered to the controls and finish point. Bag drop size per person – 25-30 liters – compact backpack or compact package. Detailed information will be available in June 2016.

9. How many sleeping controls will be on the way? What does overnight stop mean and include?

We plan to arrange over 10 sleeping controls, detailed information per each sleeping point will be available in June 2016. Accommodation is planned to be in buildings, usually in schools. Participants will get blanket or sleeping bag.

10. Where I can eat while the ride?

You can get food at every control on the way; hot meals are at most of them. In route sheet will be marked localities and towns/villages where you can find shops and café, possibly with open hours.

11. What is at finish point?

Finish is planned near the hotel on the Ladoga Lake coast (www.vberezovo.ru). Site is only in russian. Participants will be able to eat, to have a shower and to sleep in dormitories. It is possible to book room there if necessary (at extra charge). Subject to changes.

12. How can I get from finish point to Saint Petersburg?

There is a train station Kuznechnoye near the finish point, where you can take suburban train up to Saint Petersburg. Volunteers at finish will give you exact instructions.

13. What is the relief of the route?

The route is quite plain (summary enroute climb is about 7000 m), but the last 250km are full of short but steep climbs.

14. What is the roads condition on the route?

Great changes were done since VOL-2012. This new route really differs from previous. We do hope that all roads of the route will be in very good condition. However, first 250km can consist some poor parts. The whole route is equipped with meteo cameras, so you can see the roads online on page http://vol1200.ru/vol_2016/videocam.html. In addition, several parts of the route you can see in street view of Google maps.

Roads condition in 2012

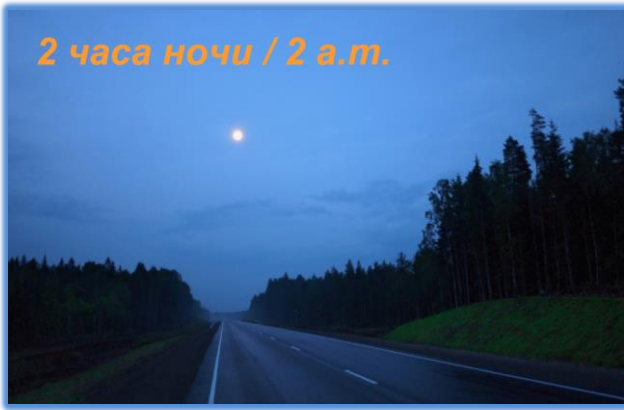


Roads condition in 2016



15. What about cellular coverage on the route?

Almost the whole route is covered with cellular service. You can find contact numbers of providers and volunteers in your route sheet. We recommend you to use Megafon mobile operator.



What lights are required for night riding?

What is "White Nights"?

As brevet is organized during the White Nights period, front light and rear red light are enough. The White Nights period means only twilight all night.

16. What is obligatory equipment for brevet?

Your bicycle should be in good order; also, you need to have two spare inner tubes, pump, and reflective jacket. Every participant should wear a helmet during the whole ride. In addition, it

is necessary to use rear red light (non flash) and front white light and wear reflective jacket during the nighttime (since 11 p.m. up to 6 a.m.)

Everyone will get personal number. It should be fixed on your bicycle during the ride.

17. Is it possible to buy or order uniform devoted to this event?

Yes, it will be possible to buy original jersey VOL-2016 (at extra charge). You can get your jersey 1 day prior the start. Detailed information will be available later.